



# COVID19 GUIDELINES AND STANDARD OPERATION PROCEDURES FOR EVENT ORGANISERS

14<sup>th</sup> July 2020

## Disclaimer

While the advice given in these guidelines has been developed using the best information available, it is intended purely as guidance to be used at the user's own risk. No responsibility is accepted by Malaysia Triathlon or by any person, firm, corporation or organisation who or which has been in any way concerned with the furnishing of information or data, the compilation, publication or any translation, supply or sale of this Guidance for the accuracy of any information or advice given herein or for any omission here from or from any consequences whatsoever resulting directly or indirectly from compliance with or adoption of guidance contained therein even if caused by a failure to exercise reasonable care.

# 1. INTRODUCTION

In the management of the COVID-19 pandemic and deriving Standard Operating Procedures (**SOP**) for various sectors in the country, the National Security Council (**NSC**) has categorised Triathlon as an individual sport (non-contact) in the sector of sports and recreation.

The aim of this document is to highlight the guidelines outlining the health and safety measures to be taken by those involved in Triathlon in adapting to the new normal to curb the spread of COVID-19 as well as to serve as a guide to Event Organisers (**EO**) who plan to organise Triathlon races during these period.

# 2. GUIDING PRINCIPLES

In deriving the contents of this document Malaysia Triathlon is driven by these main guiding principles:

- 2.1. To have as our absolute priority, the health and wellbeing of our community and society as a whole;
- 2.2. To follow government instructions, which include directives from the Ministry of Health (**MOH**), NSC and Ministry of Youth and Sports (**MYS**) as well as in consultation with numerous stakeholders, other sports and national sports agencies;
- 2.3. To make longer-term decisions and provide as much guidance as possible, but enable EO to make a decision that is best for their specific circumstances and aligned to government instructions;
- 2.4. To follow a path that enables agility to respond to changing circumstances;
- 2.5. To work towards the following outcomes:
  - 2.5.1 Social Distancing or Density Reduction
  - 2.5.2 Health Screening
  - 2.5.3 Enhanced Hygiene and Education
  - 2.5.4 Reducing Contact or Minimization of Touch-points
  - 2.5.5 Autonomy of the participants or Increased Athlete Self-Reliance

In this regard, Malaysia Triathlon **adopts** the guidelines issued by International Triathlon Union, and by NSC and MYS as contained in the following documents:

- **WORLD TRIATHLON COVID-19 PREVENTION GUIDELINES FOR EVENT ORGANISERS** (VERSION 3.0 DATED 30.06.2020 or such versions as may be updated from time to time) (**ITU Guidelines**) (*Annexure 1*)
- **SOP FOR SEKTOR SUKAN & REKREASI** issued by NSC on 1.7.2020 or such updated versions (*Annexure 2*)
- **SOP SEKTOR SUKAN & REKREASI FASA 3 &4 v2 (MYS SOP)** issued by MYS on 10.7.2020 or such updated versions (*Annexure 3*)

### 3. SOP PROTOCOLS

In the government-issued Standard Operating Procedures (**SOP**) (see *MYS SOP, Annexure 3*) the following Protocols **must** be adhered to:

3.1 General Protocol for Individuals – 12 items

3.2 General Protocol for management of the sport activity – 21 items

3.3 General Protocol for Pre-Event (Phase 3) – 9 items

3.4 General Protocol for Event (Phase 3) – 11 items

Accordingly, EOs, participants and parties involved in any race organised, when allowed to do so, **must** adhere to the Protocols listed.

### 4. ORGANISING A “NEW-NORMAL” RACE

An EO seeking to organise a race as and when allowed to so by the relevant authorities during a period when the threat of COVID-19 is still at large, needs to put the safety and health of all parties involved in the race as a primary concern and must take the following steps:

- 4.1 **Risk assessment** – an EO must assess the risk in organising its event by using the tool provided at **idom.worldathletics.org**. The result of the risk assessment must be “Very Low” or “Low” for the event to be carried out (*for more information, please refer to Para 3 & 4 of ITU Guidelines, Annexure 1*).

In carrying out the risk assessment, as advised under para 3 of ITU Guidelines, EO are reminded not to perform the risk assessment alone but in cooperation with counterparts e.g. Malaysia Triathlon and authorities involved in the EO’s event.

4.2 **Concept Paper** – an EO is to prepare a paper to describe the “how to” and “what to” of prevention of Covid-19 measures to be taken in the conduct of the event, from pre-event, the event itself to post-event based on the 5 pillars listed under Para 8 of the ITU Guidelines and in reference to the ITU Guidelines, *Annexure 1* and SOP protocols (see the *MYS SOP, Annexure 3*).

These two documents are required **in addition** to the other documents required as per Malaysia Triathlon Sanction Policy when submitting for sanction. **PLEASE NOTE THAT SANCTION ACCORDED TO EVENTS PRIOR TO COMMENCEMENT OF THE MOVEMENT CONTROL ORDER FOR EVENTS SCHEDULED AFTER 18 MARCH 2020 IS AUTOMATICALLY REVOKED.** Accordingly, any events to be held after the commencement of the Movement Control Order, i.e. after 18 March 2020 is to submit a fresh sanction application which must have the documents stated under para 4.1 and 4.2 above.

## 5. References

Further information may be obtained at the following sites which EOs are advised to check on regular basis for updates:

1. ITU Education Hub: <https://education.triathlon.org/>
2. Majlis Keselamatan Negara: <https://www.mkn.gov.my/web/ms/sop-pkp-pemulihan/>
3. Kementerian Belia dan Sukan: <http://www.kbs.gov.my/sopsukanrekreasi>

# STAY SAFE

# ANNEXURE 1

## WORLD TRIATHLON COVID-19 PREVENTION GUIDELINES FOR EVENT ORGANISERS

[https://education.triathlon.org/pluginfile.php/17491/mod\\_resource/content/5/20200701\\_Covid19\\_GuidelinesV3.pdf](https://education.triathlon.org/pluginfile.php/17491/mod_resource/content/5/20200701_Covid19_GuidelinesV3.pdf)

# ANNEXURE 2

## SOP FOR SEKTOR SUKAN & REKREASI

<https://asset.mkn.gov.my/web/wp-content/uploads/sites/3/2020/08/SOP-Sukan-Rekreasi-6-Ogos-2020.pdf>

<https://asset.mkn.gov.my/web/wp-content/uploads/sites/3/2020/07/SOP-PENGANJURAN-KEJOHANAN-DAN-PERTANDINGAN -15-JULAI-2020-1.pdf>

# ANNEXURE 3

**SOP SEKTOR SUKAN & REKREASI FASA 3 &4 v2**

<http://www.kbs.gov.my/sop-fasa-2-3-4.html>